



## Delta Friendship Link

101 North Avon Road

**(03) 389 0273** – This is our direct line, if we miss your call please leave a voice message and we will get back to you as soon as possible. 😊

[DFL@deltatrust.org.nz](mailto:DFL@deltatrust.org.nz)

### Updated News

- Toasty Tuesday's-A Toasty From \$2.50 for 3 Toppings- Cheese, tomato, onion, ham, spaghetti and pineapple. **No Orders after 10:30am**
- Tima Time-Group Exercise held with a facilitator in our Crossways Gym space.
- Daytime Disco-Will be themed for dressup's as requested and a Boogie. 😊
- Knit Knat-Knitting, crochet or wool art projects.
- My Story-Keepsake book of photos and stories of members time at Delta.

**Please note:** *New members need to complete our Member Registration and Code of Conduct forms. This ensures that you are aware of our wanting to acknowledge the strengths and abilities of our members and also enables us to be fully aware of your support person's details in an emergency.*

**Please also note we are not in a position where we are able to apply one to one support for persons who require this. Where this is necessary the member will need to bring a Support Person to work alongside them enabling them to be part of our organised activities.**

During our Programmes we open at **9.30 a.m.** and close at **2.30 p.m.**

- **Enabling Good Lives and ACC** funded members will continue to be **charged \$50.00 per session**. If you require a support person with you when you come for your sessions – **this will drop to \$40.00**. This is due to not receiving MOH Funding for EGL and ACC members.
- **Members who are not with Enabling Good Lives and ACC** are **charged \$25.00 per session**.
- **We use Deltas Café area but at times we may be down in Crossways Gym area**, we will place the DFL sign outside on these days.
- Please remember to **bring a cut lunch if you intend to stay all day**.
- **Our Member's Meeting is run once a month**. Please consider joining our committee as it is open to Members, Support Person's, Family and Staff.
- **"Our Day Out" must be booked in advance as numbers are limited for van outings**. The cost is our daily price to stay all day **PLUS** cost of activity.
- **Please check Programme** for the day's activities and dress appropriately.
- **If you are unwell**, please stay home for that week to get yourself well again.

Best Wishes

Vicky, Ruita & Daffy

# Friendship Link Programme –

## July 2025

\*PJ DAY- Spend the day in pjs 😊

\*Cupcake Decorating-Mini challenge to see who can do a great winter decoration on cupcakes, and YES cupcakes can be taken home afterwards 😊

Tue	Wed	Thu
<b>1<sup>st</sup></b> <b>Exercise to Music</b>  <b>Karaoke</b>	<b>2<sup>nd</sup></b> <b>Line Dancing</b>  <b>Dream Catcher Craft</b> 	<b>3<sup>rd</sup></b> <b>Art</b>  <b>Scrapbooking</b>
<b>8<sup>th</sup></b> <b>Pamper &amp; Games</b>  <b>Knit Knat</b>	<b>9<sup>th</sup></b> <b>Jewelry Making</b>  <b>Karaoke</b>	<b>10<sup>th</sup></b> <b>Bingo &amp; Bowls</b>  <b>Puzzle &amp; Games</b>
<b>15<sup>th</sup></b> <b>Tima Time</b>  <b>Art</b>	<b>16<sup>th</sup></b> <b>Diamond Art</b>  <b>Live Music</b> -Neville The Devil	<b>17<sup>th</sup></b> <b>My Story</b>  <b>Karaoke</b>
<b>22<sup>nd</sup></b> <b>Pamper &amp; Games</b>  <b>MEMBER MEETING</b>  <b>Karaoke</b> 	<b>23<sup>rd</sup></b> <b>PJ DAY</b> <b>Circability</b>  <b>Movie</b> -Snow White	<b>24<sup>th</sup></b> <b>Jewelry Making</b>  <b>Terrarium Making</b>
<b>29<sup>th</sup></b> <b>Bingo &amp; Bowls</b>  <b>Cupcake Decorating</b>	<b>30<sup>th</sup></b> <b>Scrapbooking</b>  <b>Karaoke</b>	<b>31<sup>st</sup></b> <b>Puzzle &amp; Games</b>  <b>Sun Catcher Craft</b>

\*Because Delta is a community house and has many operations under the one roof, at times we may have to change areas. Just follow our Friendship Link Signs or ask us how to join our private Facebook Group where we always post updates as they happen 😊